

DA CAJN CRITTER'S GET-A-WAY GROCERY LIST

BABY FOODS

Jars
Cereal
Formula

BEVERAGES

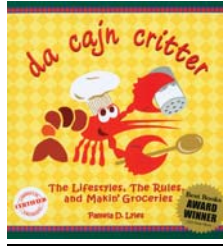
Water Bottles
Gatorade
Canned Drinks
Canned Evaporated Milk (Combine with equal parts of water to make regular milk)

BREAKFAST FOODS

Dry Cereal
Muffins
Pop Tarts

FRUITS / JUICES / VEGETABLES

Canned Fruits
Canned Vegetables
Fruit Cups (No refrigeration necessary)
Applesauce
Raisins
Dried Fruit
Juice Boxes
Fresh Apples, Grapes, Oranges
Fresh Tomatoes , Lettuce Heads, Squash, Peppers
(Store all fresh items in a cool dark place and they will stay fresh for about a week)



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PREPARED MEALS (Can be microwaved in a hotel room or eaten cold)

Canned, individual soups, pastas, meals

SANDWICHES

Bagels

Bread

Peanut Butter

Jelly

Deviled Ham

Spam

Canned Tuna

Canned Chicken

Canned Meats

Canned Seafood (i.e.Sardines)

SAUCES /CONDIMENTS

Packets of Mayonnaise, Mustard, Ketchup, Salad Dressing (These do not need refrigeration)

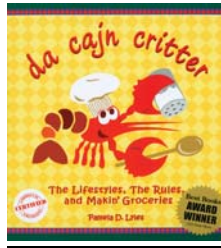
Salsa

Salt

Pepper

Seasonings

Parmesan Cheese (Kraft in the green can does not need refrigeration)



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SNACKS

Graham Crackers
Trail Mix
Cheese Packets with Crackers
100 Calorie Packs
Crackers (i.e. Triscuits)
Energy, Protein, or Snack Bars
Pudding Cups
Cookies
Chips

MISCELLANEOUS

Pet Foods
Ice
Ice Packs
Ice Chests
Candles
Flashlight
Batteries
Transistor Radio
Cooking pots & utensils that can be used on a BBQ pit
BBQ Pit (Propane Gas or Charcoal)
Manual Can Opener
Bottle Opener
Good Knife
Fork for Grilling
Matches
Medicines (Prescription & Non-Prescription)
Important Papers (i.e. Insurances, Wills, Bills, etc.)
Computer / Laptop
Special Photos
Playing Cards / Games / Books / Toys