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8A-7A-6A FIRST-TEAM OFFENSE

FRANK BROWN
Palm Beach Gardens senior
Ht./Wt.: 6-0, 180; **Pos.:** WR
Comment: Excelled as a big-play threat in a run-oriented offense, snagging 34 passes for 706 yards and four touchdowns.

JERMAINE CARN
Palm Beach Gardens senior
Ht./Wt.: 5-10, 215; **Pos.:** RB
Comment: Continued run of outstanding running backs at Palm Beach Gardens by rushing for 1,153 yards and nine touchdowns.

JAMES CRUISE
Palm Beach Gardens senior
Ht./Wt.: 6-5, 275; **Pos.:** OL
Comment: Anchored offensive line that paved way for strong rushing attack, earning 85-percent blocking grade. Committed to South Alabama.

JOHNNIE DIXON
Dwyer junior
Ht./Wt.: 5-11, 195; **Pos.:** WR
Comment: Division I prospect has ability to burn defenders with his track speed and caught 39 passes for 711 yards and eight touchdowns.

CAMERON GOLOB
Palm Beach Central senior
Ht./Wt.: 6-1, 165; **Pos.:** KS
Comment: Named Groza Award winner as county's top place-kicker. Made 5-of-6 field-goal attempts, including 50-yarder, 91 percent kickoffs were touchbacks.

LLOYD HOWARD III
Palm Beach Central senior
Ht./Wt.: 5-7, 162; **Pos.:** RB
Comment: Used his quickness and ability to elude tacklers to amass 1,268 yards rushing and scored 12 touchdowns. Verbal commitment to FAU.

ADAM JOHNSON
John I. Leonard senior
Ht./Wt.: 5-10, 170; **Pos.:** QB
Comment: Completed 125-of-226 passes for 1,672 yards and 12 touchdowns, rushed for 688 yards and seven TD. Bethune-Cookman recruiting him.

JAMES LOONEY
Lake Worth senior
Ht./Wt.: 6-4, 270; **Pos.:** OL
Comment: Highly touted Division I recruit was dominant on both sides of the ball and has committed to Wake Forest.

TAVARES MARTIN
John I. Leonard sophomore
Ht./Wt.: 6-2, 170; **Pos.:** WR
Comment: Potential college prospect caught 46 passes for a county-leading 860 yards and scored five touchdowns.

K.C. MCDERMOTT
Palm Beach Central junior
Ht./Wt.: 6-6, 290; **Pos.:** OL
Comment: Highly rated left tackle earned a 94-percent grade on his blocking assignments. Will be one of county's top recruits next season.

NIKEDEL PIERRE
Palm Beach Central senior
Ht./Wt.: 6-4, 315; **Pos.:** OL
Comment: Graded out an excellent 92 percent on blocking assignments, recording 48 pancake blocks. Middle Tenn., B-CC among college choices.

ANTONYO WOODS
Seminole Ridge senior
Ht./Wt.: 6-3, 265; **Pos.:** OL
Comment: Left guard graded out 90 percent on blocking assignments and registered 82 pancake blocks. Several small colleges interested.

SILAS SPEARMAN III

8A-7A-6A Player of the Year ■ Seminole Ridge senior

Position: Running back
Ht./Wt.: 5-9, 195
Statistics: 1,258 yards rushing, 12 touchdowns; 3 TD receiving; 1 kickoff return for TD; also played some cornerback with 2 interceptions, 4 pass breakups.

Season highlights

The shifty, speedy Spearman rushed for 115 yards and returned the second-half kickoff 98 yards for a touchdown that proved to be the game-winning score in Seminole Ridge's 31-21 win against district rival Palm Beach Gardens in a game that essentially was for the district title. He had a 191-yard, two-touchdown performance in a 37-18 win against Pahokee.

Comment

Spearman was not on the radar of many college recruiters when the 2012 football season began, mainly because he played in the shadow of standout running back Gary Holmes last season. But Spearman came close to matching Holmes' rushing output of 2011 and now is receiving attention from college coaches, the most recent to come onboard being UConn. Spearman shared the rushing load for the Hawks with backfield mates Elie Turene and E. J. Elien, making his rushing totals even more impressive. Spearman, who transferred to Seminole Ridge from Dwyer after his sophomore year, also is a solid cornerback and outstanding as a kickoff and punt returner. He makes up for his lack of size with his combination of quickness and strength. "He's one of the most dynamic players I've ever coached," Seminole Ridge coach Matt Dickmann said of Spearman. "He was a late bloomer, but people are now seeing film of him and realizing how good he is."

"I honed in on being a better player all-around by working hard, running, lifting weights and even my eating habits. I wasn't concerned about my success. I just wanted to win for the team. It was a bonus that I did something good along the way. I put in the work, so I wasn't surprised that I had a productive year."

8A-7A-6A FIRST-TEAM DEFENSE

MIKE ALMONTE
Seminole Ridge senior
Ht./Wt.: 6-0, 175; **Pos.:** DB
Comment: Free safety registered 58 tackles and had two interceptions. College choices include E. Kentucky, W. Kentucky, Youngstown St.

JERROD BROWN
Dwyer senior
Ht./Wt.: 5-11, 210; **Pos.:** LB
Comment: Played pivotal role for stout Panthers' defense, recording 86 tackles, 17 tackles for a loss and six quarterback sacks.

MALIK BROWN
Dwyer senior
Ht./Wt.: 6-3, 235; **Pos.:** DL
Comment: Division I recruit at defensive end had 46 tackles, including 14 for a loss, and had 11 sacks. Undecided on college choice.

KEITH BRYANT
Atlantic senior
Ht./Wt.: 6-2, 300; **Pos.:** DL
Comment: U.S. Army All-America selection made 60 tackles, including 23 for a loss with eight sacks. Will choose between FSU, UM, S.C, Auburn, Oklahoma.

RAYFIELD DIXON
Seminole Ridge senior
Ht./Wt.: 6-3, 200; **Pos.:** LB
Comment: Made 89 tackles, including 16 for a loss with six sacks and 14 QB hurries and an interception. WVU, Purdue are his top college choices.

BRISLY ESTIME
Atlantic senior
Ht./Wt.: 5-9, 185; **Pos.:** AP
Comment: Had four interceptions at defensive back, had 306 yards and four TD receiving, returned five kickoffs for touchdowns. Recruiters include Iowa St., Purdue.

JIMMY MORELAND
Royal Palm Beach junior
Ht./Wt.: 5-10, 188; **Pos.:** DB
Comment: Made 60 tackles and returned two of his eight interceptions for touchdowns. Also had 600 yards total offense and six TD.

JONATHAN MOXEY
Dwyer senior
Ht./Wt.: 5-10, 180; **Pos.:** DB
Comment: Anchored strong secondary and had 46 tackles with two interceptions. Bowling Green, FAU, Middle Tenn. among interested colleges.

OMAR PIERRE-LOUIS
Seminole Ridge senior
Ht./Wt.: 5-11, 185; **Pos.:** DB
Comment: Cornerback had 38 tackles, 11 pass breakups and two interceptions. Has made verbal commitment to Bowling Green.

KYLE SHORTRIDGE
Seminole Ridge senior
Ht./Wt.: 6-3, 280; **Pos.:** DL
Comment: Registered 61 tackles, including 21 for a loss with five sacks and 20 quarterback hurries. Verbal commitment to Louisville.

BRUCE THOMAS
Atlantic senior
Ht./Wt.: 5-10, 220; **Pos.:** LB
Comment: Registered 90 tackles and had three sacks, two forced fumble and two interceptions. Ga. Southern, W. Kentucky are top college choices.