#### **BOYS FIRST TEAM**



**KEEGAN BOISSON-YATES** 

Taravella senior Best events: 100 backstroke (51.21, AA-C), 100 butterfly (50.45, AA-C). Comment: Finished third in the state in 100 butterfly and tied for fifth in 100 backstroke, posting All-American consideration times in both events.



#### **LUCAS DEBRITO**

Sagemont senior Best events: 100 butterfly (49.48, AA-A), 500 freestyle (4:32.55, AA-C). Comment: Finished fourth in 100 fly at state and tied for fourth in 500 free. Led off 400 free relay that



#### **ILYA EVDOKIMOV**

Taravella junior Best events: 200 IM (1:57.19), 100 breaststroke (57.47, AA-C). Comment: Placed third in 100 breast at state in All-American consideration time. Regional and district champ in 100 breast and 200 IM.



## **BRANDON GOLDMAN**

St. Thomas Aquinas senior Best events: 200 IM (1:52.78, AA-C), 100 backstroke (51.21, AA-C). Comment: Finished second in state in 200 IM and tied for fifth in 100 back in All-American consideration times and led off county's best 200 medley relay.

Pine Crest junior Best events: 200 freestyle (1:40.92, AA-C), 500



#### freestyle (4:30.93). Comment: Finished third in the state in 500 free and fourth in 200 free - achieving both in All-American con-

**KENT HAEFFNER** 

sideration times. **JACK HARRINGTON** St. Thomas Aquinas junior Best events: Diving (461.60). Comment: Placed fifth at state (402.95) after capturing district and

regional championship for third consecutive year. Best point total



#### came at regional. **JEMAL LE GRAND**

Sagemont senior **Best events**: 200 freestyle (1:38.76, AA-A), 100 freestyle (45.52, AA-A). Comment: After sitting out 2011 season, placed second at states in 200 free and 100 free – both in AA-A times - and anchored 400 relay (third).



#### **ALEXANDER LILLEY** St. Thomas Aquinas senior Best events: 100 butterfly (50.35,

AA-C). Comment: Placed second in the state in 100 fly for second consecutive year. Also led off Raiders' 200 relay (seventh) and 400 relay (fifth).



## **LANCE RUTKIN**

Fort Lauderdale senior **Best events:** 500 freestyle (4:25.78 AA-A), 200 freestyle (1:40.09, AA-C). Comment: Princeton signee, also a first-team pick in 2011, finished second in the state in 500 free and third in 200 free.

### **FIRST-TEAM BOYS RELAYS**

200-medley relay: St. Thomas Aquinas (Brandon Goldman, Silva Perez, Alex Lilley, RJ Moore), 1:38.67. 200-free relay: American Heritage (Scott Clark, Julien Pinon, Digby Nothard, Daniel Spas), 1:26.73 AA-C. 400-free relay: Sagemont (Lucas DeBrito, Ferrucio Rossi, Ben Fruitman, Jemal Le Grand), 3:09.38 AA-C

#### **BOYS SECOND TEAM**

Alex Evenson, Pine Crest, Jr., 100 breaststroke (1:00.93), 200 IM (1:57.54). Connor Gerrits, Pine Crest, Jr., diving (437.25). Descartes Holland, Pine Crest, Jr., 50 free (21.47), 100 free (47.72). Marco Hosfeld, University School, Jr., 200 freestyle (1:41.72), 500 free (4:35.05 AA-C). Ralph Marcoux, Fort Lauderdale, Fr., 50 free (21.92), 100 free (47.66). Chad Moody, Cardinal Gibbons, Jr., 100 backstroke (53.20). Francisco Parra, Cypress Bay, Sr., 100 free (47.42), 200 free (1:42.58). Daniel Pereira, University School, So., 100 breaststroke (1:00.39), 200 IM (1:58.87). Julien Pinion, American Heritage, Fr., 100 free (48.29), 200 free (1:41.31). 200-medley relay: Nova (Brandon Parkinson, Ryan O'Hara, Aleksander Kuzjokin, Anton Kuzjomkin), 1:40.87. 200-free relay: Sagemont (Lucas DeBrito, Ferrucio Rossi, Ben Fruitman, Jemal Le Grand), 1:27.11. 400-free relay: American Heritage (Julien Pinon, Nico Medina, Fernando Bohorquez, Daniel Spas), 3:10.43

## **BOYS HONORABLE MENTION**

American Heritage: Fernando Bohorquez, Scott Clark, Digby Nothard; Archbishop McCarthy: Ryan Hall, Kryan Nichlany; Calvary Christian: Hank Contich; Cardinal Gibbons: Dylan Hall, Matthew Yakyminy; Coral Glades: Austin Pillado; Coral Springs Charter: Giancarlo Payamps; Tyler Tolomeo; Cypress Bay: Bowie Suen; Deerfield: Steven Ho, Joey LaNeve, Wesley Paez; Fort Lauderdale: Alex Honner: Nova: David Cantu. Ryan O'Hara: Pembroke Pines Charter: Ivan Parada; Pine Crest Christian Bijlisma, Lyle Hayes: Macaluso, Thomas Doolittle, Plantation: Christian Garcia, Christian Plantainie; Pompano Beach: Dillon Copa; South Florida HEA Smutny; Sagemont: Ben Fruitman, Carlos Gomez, Ferrucio Rossi; South Broward: Derek Sibley; S. Plantation: Sean Chen, Nick McKenna, Katana Sato; St. Thomas Aquinas: Kyle Desrosiers, Javier Menchaca-Gallegos, RJ Moore; University School: Zach Laurence, Matthew Lyn, Sebastian Oberndorfer; W. Broward: Corey Balko, Jacob Walters; Westminster: Alex Warters; Wester Francisco Alvarez

## **BOYS COACH OF THE YEAR**



**NOBUTAKA TAN** 

American Heritage Comment: The county's girls Coach of the Year the past two seasons, Tan led Heritage's boys team to its first regional championship this year, and a fourth-place finish at the Class 1A meet -

the best showing by a Broward boys team. Led by senior Daniel Spas, Heritage also defeated Pine Crest for the first time in a dual meet, finishing at 7-1 with just a loss to St. Andrew's. "We weren't sure how strong we were this year," Tan said. "I was very, very excited with how the season went. ... As a team, we swam better than I thought we would, which makes it a lot more rewarding than just individual

## **GIRLS FIRST TEAM**



## **CAROLYN CHANEY**

Pine Crest sophomore Best events: Diving (505.55). Comment: Also a first-team pick in 2011, she repeated as state champion with 481.35 points. Also won district (498.35) and regional championship (468.05).



## **MIA FIORENZI**

St. Thomas Aquinas junior Best events: 100 butterfly (57.2); 200 IM (2:09.06). Comment: Placed ninth in both the 100 fly and 200 IM at state meet. Was regional runner-up in 100 fly to help Raiders win championship.



#### **CASEY FRANCIS** Pine Crest senior Best events: 500 free (4:52.23), 200 IM

(2:03.24), 200 free (1:54.45). Comment: Penn State signee placed fourth in the state in 200 IM and sixth in 500 free, and was part of state-title winning 200 free relay.



#### **EMMA LINCOLN**

Cypress Bay junior Best events: 100 freestyle (51.68), 200 freestyle (1:51.07)

Comment: Placed third at states in 100 free and ninth in 200 free. Regional champ in 200 and district champ in 100.



#### **MELISSA MARINHEIRO** West Broward sophomore Best events: 200 freestyle (1:50.71),

500 freestyle (4:51.88). Comment: Swam her best times of season at state prelims, then finished 5th in the 200 free and sixth in the 500 free.



#### **TYLA MARTIN** Pine Crest sophomore Best events: 100 butterfly (55.39), 200 IM

in the state in 100 butterfly and ninth in 200 IM. **CAROLINE NAVA** 

(2:06.22). Comment: Also a first-team pick in 2011, finished third



**JESSICA RANDOLPH** 

Westminster Academy sophomore Best events: 50 freestyle (23.62), 100 freestyle (51.43). Comment: Also a first-team pick in 2011, placed second in 50 free and fifth in 100 free at states. District champ in both events, and regional champ in 50 free.



American Heritage senior Best events: 200 freestyle (1:50.23), 500 freestyle (4:58.12). Comment: In her seventh year swimming for Patriots, she placed seventh at states in the 200 free and eighth in the 500 free.



#### **CLARA SMIDDY** South Florida HEAT junior Best events: 100 freestyle (51.26), 100

backstroke (55.31). Comment: A first-team pick in 2010 and 2011, placed second at states in 100 back in AA-A time and fourth in 100 free in AA-C time



# **DANIEL SPAS**

Boys Swimmer of the Year - American Heritage senior

## **Season highlights**

Spas won the 100 freestyle at the Class 1A state meet - his first individual state championship - and placed second in the 50 free. He posted automatic All-American times in both events (100 free 20.37; 50 free 44.55), and in the 100 free avenged a loss to friendly rival Jemal Le Grand of Sagemont in the regional. He also anchored Heritage's 200-free relay, which placed third at state in All-American consideration time (1:26.73). In addition, Spas received the Andy Coan Award at the Woodson Invitational, an honor given to the meet's top swimmer. It's an award he said he had long desired. The Patriots' top swimmer, his performances throughout the season helped them capture district and regional championships.

#### Comment

The University of Florida signee, who was a first-team All-County selection the past two years, said he had his goals for his senior season set at the beginning of the summer. His times at district and regionals proved to be better than in previous years, and he peaked at states, im"I was just overwhelmed [with winning the 100 free championship]. I was like, 'Finally! Finally, I got it. That's what you work for. I'm just glad I got to do it. It was a great season. I can't be upset at all with getting my best times, and especially with winning [an individual] state title."

proving on last year's fourth-place finish in the 100 free for his first title. It was a happy ending for Spas, who has been part of Heritage's swimming program since the seventh grade. "As you go to your sophomore, junior, senior year, the pressure builds up to be not just the best swimmer but also the best leader and example," said Heritage coach Nobutaka Tan. "He was expected to be a good individual, good student and good athlete. He accomplished all of that."

# BRITTANY HAMMOND

Girls Swimmer of the Year - Pine Crest senior

## Season highlights

Comment

Hammond placed third in the 500 free (4:49.44) and fourth in the 200 free (1:49.17) at this year's Class 1A state meet - posting automatic All-American time in both races. She also anchored Pine Crest's 200-free relay, which finished first (1:36.38 AA-A), and 400 free relay, which finished fourth (3:33.14 AA-C). Her finish in the 500 was her best ever for any event at states. At regionals, Hammond won the 500 free title and finished second in the 200 free. Her point production helped Pine Crest win a regional championship and finish third at the state meet.

Hammond, who has signed with the University

of Missouri, quit swimming for a year before making a triumphant return as a high school freshman. She capped her career this year with a special season in the pool in which she says she made "pretty significant" strides. After advancing to the championship finals at states as a freshman and sophomore, she struggled in the preliminaries last year and was forced to compete in the consolation finals in the 500 free and individual medley. That "It was a really fun season. I couldn't have asked for a better senior year. My ultimate goal was to make the podium and that ended up happening. Our relay also won. I was really ecstatic about it. ... Ever since I made it to states as a freshman, I had always wanted to make it to the podium [individually]. It didn't really hit me that I finally made it there until I was actually up there."

"made me want it so much more, to get back to the A-finals and prove everybody wrong." She did, in part because she was able to overcome the nervousness that affected her in 2011. "Brittany Hammond had a great year. She was very dominant in Broward in her individual events and on the relays," said Pine Crest coach Jay Fitzgerald.

## **FIRST-TEAM GIRLS RELAYS**

200-medley relay: Pine Crest (Miriyam Ghali, Lindsey Swartz, Tyla Martin, Kaelah Chaney), 1:48.25 AA-C. 200-free relay: Pine Crest (Kaelah Chaney, Casey Francis, Hannah Veale, Brittany Hammond), 1:36.38 AA-A. 400-free relay: Pine Crest (Tyla Martin, Casey Francis, Hannah Veale, Brittany Hammond), 3:33.14 AA-C

## **GIRLS SECOND TEAM**

Zoie Balthazar, S. Plantation, Jr., 50 free (24.38). Kaelah Chaney, Pine Crest, Sr., 50 free (24.32), 100 breaststroke (1:06.48). Alexa Elkins, Western, Jr., diving (452.70). Kristina Figueroa, Coral Springs Charter, Sr., 100 breaststroke (1:05.69). Emily Kopas, University School, Jr., 200 IM (2:07.89), 100 breaststroke (1:05.70). Marcella Marinheiro, W. Broward, Sr., 100 backstroke (58.25), 200 free (1:54.46). Osianna McReed, Northeast, So., 50 free (24.54). Lindsey Swartz, Pine Crest, So., 100 breaststroke (1:06.47), 200 IM (2:09.10). Amanda Tipton, Nova, So., 100 fly (57.83), 100 backstroke (58.51). 200-medley relay: University School (Allison Kopas, Emily Kopas, Krissa Robinson, Evy Sands), 1:49.81. 200-free relay: Westminster (Caroline Nava, Alexa Rivera, Jessica Nava, Caroline Isaraels), 1:37.87 AA-C. 400-free relay: American Heritage

(Claudia Reyes, Lindsay Hay, Alex Pacitti, Jessie Randolph), 3:35.95

## GIRLS COACH OF THE YEAR



**JAY FITZGERALD** Pine Crest

county's boys Coach of the Year in

2010 and 2011, led the Panthers

Comment: Fitzgerald, the

girls team to the regional championship this year, and a third-place finish at the Class 1A state meet, finishing behind champ Jacksonville Bolles and St. Andrew's. Those were the only teams to defeat them in 12 dual meets this season. All four of Pine Crest's divers advanced to state and scored, led by Carolyn Chaney, who repeated as state champion. "They had some challenges, but met most of those challenges very successfully."

## **HONORABLE MENTION**

American Heritage: Lindsay Hay, Claudia Reyes, Alina Schulhofer; Cardinal Gibbons: Elizabeth Ryder; Coral Glades: Lydia Musleh; Coral Springs Charter: Stephanie Campo, Jenna Diamond; Cypress Bay: Kylie Herman, Jennifer Huchle Haley Wright; Deerfield: Megan Sicard; Douglas: Emily Jurich, Anne Kuczynski, Emily Ramos; Flanagan: Lauren Mades; Fort Lauderdale: Chloe Adams, Jade Degouveia; North Broward Prep: Geena Squartino; Northeast: Fatimah Westbrook; Nova: Ali Moser, Daniella Veloza; Pine Crest: Carly Efirich, Miriyam Ghali, Hannah Veale; Plantation: Angelique Solano, Alexis Cruz, Nia Hyndmanlanier; Pompano: Julia Schulte: Posnack: Sivan Fraiman; Sagemont: Daniela Vandenberg: South Florida HEAT: Rose Smiddy; S. Plantation: Megan Abad, Skye Downey; St. Thomas Aquinas: Gabriella Comunale, Sophia Oliva, Samy Stinemire; Taravella: Kelly Kealty; University School: Allison Kopas, Krissa Robinson; W. Broward: Jessica Rodriguez; Westminster: Alexa Rivera; Zion Lutheran: Samantha Breistol